



JOB WAVES

DO'S AND
DONT'S ON A
CV

ART BY
BARCAI

FEW TIPS
FOR YOUR
CAREER

DO'S AND DON'T'S ON A CV

DO'S

- A CV should have name, last name, maybe and father's name , a photo , an address , post code, country, cellphone, city, street, e-mail, sex, date of birth, nationality . These are the first part of a basic CV.
- After them you should express the reasons you choose this job and your motivation about the job and the company generally.
- In addition, it should conclude information about educational skills from the newest to the oldest date.
- Work experience also from the newest date to the oldest date.
- Furthermore, languages (foreign and mother languages and the titles of the degrees)
- Personal , communication and organization skills.
- At the end courses , projects, awards ,certifications and hobbies.
- The name should be with black and big words next to the photo.

DON'T'S

- Your photo should not be very big and strange .It should be natural, not angry, not smilly.
- Sometimes the titles of the different parts of a CV are black without something which make them attractive. So, they should be colourful in order to catch reader's eye.
- The paragraphs should not be like a constant text. They should be separated.
- The CV should not be more than 3 pages because it will become tiring.
- The CV should be adapted to the job position .For example, If you want to be a layer you should not write that you love dancing.
- You should not write unreal information in your CV.
- At the end, you should have a Europass CV and a CV in your own language.

ART BY BARCAI

The Art By Barcai is a business I started in 2016. The beginnings of my artwork were very innocent. I went through a stressful time at the university and I found out that painting and creating some art was the best way to calm my mind and relax. From time to time I posted my work on Instagram, just to share the excitement from a finish project. It didn't take long and people started to give me a positive feedback and they even asked me if I would make them a bookmark, a wallpainting or a birthday card based on my designs. That was the moment I realised I could actually make a living by doing something I really enjoyed. I started to think about the best way to sell my work and I took a lot of time to come up with a deliberate business strategy. I was lucky enough to find a companion who had great experiences with leading a company and who understood arts enough to help me start my own business. We covered the first expenses equally and came up with a marketing plan that happened to work out very well. We designed an intuitive and an eye-catching webside where people could browse over my work and where they could make their purchases.

So what is my work about? Well, I paint handmade, mainly black and white, symmetrical designs. I create especially mandalas, bookmarks, wall paintings, birthday cards, bed sets and I occasionally make woodcarving. At the moment I'm working on a car design. Although it's quite a challenging task, I like to dare myself and move forward with my work. I am also planning to create my own clothing line and I intend it to be simple, affordable and high-quality goods.



What I appreciate the most about my job is the way I can pass down a piece of myself in every product I create. I won't lie, the beginnings were very difficult, but all the hard work eventually paid off. Therefore my advice to every starting businessman is to stay focused, patient and hard working.

Barbora Bruzkova, P.J. Healy

EU OPPORTUNITIES FOR YOUTH TO GAIN WORK OR OTHER EXPERIENCE

The European Union nowadays, provides various opportunities for young people to gain experience, skills, knowledge and improve their attitudes. One of the most popular and time-proven tool for that is the Erasmus + program, which started in 2014. It is divided in three big categories, called Key Actions (KA). The first KA allows young people, through youth exchanges, training courses and volunteering programs, like the European voluntary service (EVS) to experience other cultures, gain intercultural knowledge and improve their skills in various competences. The second KA provides the opportunity for youth organizations to build partnerships on international scale (networking). The third KA provides tools for the structured dialogue between different non-governmental bodies and national governments to develop youth policies through seminars, trans-national meetings, conferences, etc.

In a similar aspect works the SALTO-YOUTH, which can be described as a platform that provides the opportunity for young people to find training courses that will help them increase their knowledge and meet like-minded people in their sphere. SALTO-YOUTH is the combination of effort of several European national youth agencies.

A recent development was the introduction of the European solidarity corps. The main aim of this initiative is to create opportunities for the youth to gain experience by volunteering or internships. The program kick started just last year and so far it has led to hundreds of young Europeans to do different tasks and jobs around the continent with their living costs covered and for a payment.

It is worthy to mention here the EURES portal and other similar internet platforms, like European language jobs, InternsGoPro, and others, that provide opportunities for the European youth to find an internship or work abroad. Candidates are required to make a profile where they describe their experience, skills and competences.

This list does not exhaust all of the opportunities there are for young Europeans to become more competitive on the job market, learn something new or boost their working experience, but names some of the most popular there are.

Imilian Genadiev, Andrei Dilov

FEW TIPS FOR YOUR CAREER

1. FIND AN INSPIRATION

A labour market is very dynamic and people keep inventing new technologies every day. Their desires are changing. New jobs related to their study fields are created and a lot of people don't know that some of the jobs even exist. That's why you need to find an inspiration. We recommend you to watch TedTalks which a motivational performance of people who have achieved a success in business. You can also watch some YouTubers.



2. RESEARCH THE MARKET

The government organisations are in charge of publishing statistics about the labour market situation. You can choose a career base on your experience and find out how much people actually earn in their jobs. That's a valuable information and you can go from there.

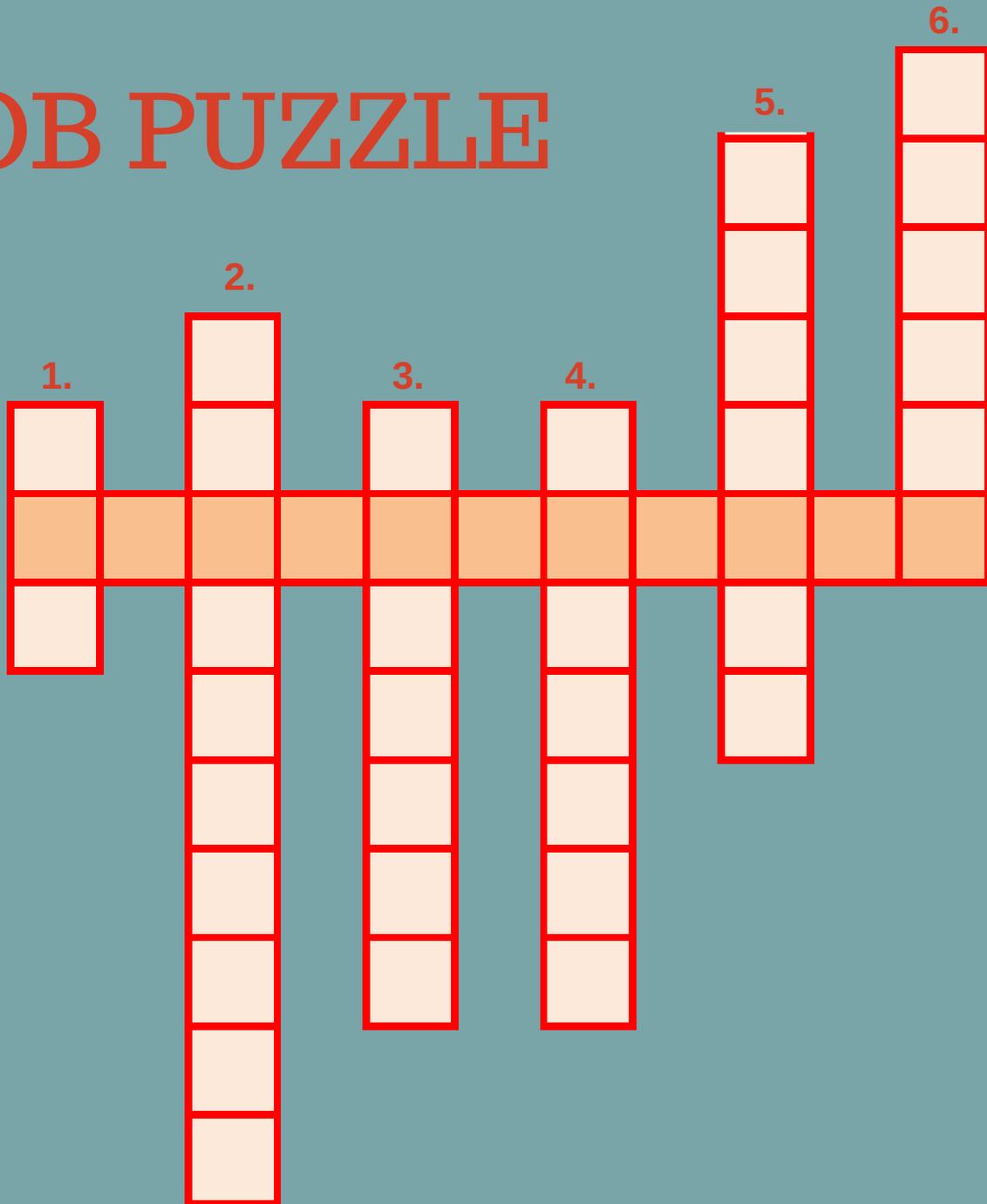
3. SUITABLE QUALIFICATIONS ARE THE MOST IMPORTANT ASPECTS

Go through all the fields of your studying options. There are dozens of them. Your choice should match with your predispositions as much as possible. Therefore, wonder if you really need to study or if taking part at some courses would be a better option. Some of the courses are sponsored and paid for by the EU or a government so take time to explore your options.



Now it is just up to you to make the right choice about your future career.

JOB PUZZLE



1. A ___ market.
2. The youth un_____ is 40% in Greece.
3. First of all concentrate on your own _____.
4. You need to work hard to achieve _____.
5. Quantity does not always mean _____.
6. A reward for your work is a _____.