

PROJECT IDEA THEME: Healthy Life Style

COUNTRIES INVOLVED: GR / GE / UA / PO / JO

PEOPLE SPECIFICALLY INVOLVED:

| NAME: | EMAIL: |
|------------------|----------------------------|
| María | mariamathiasdi@outlook.com |
| Nika | nika.bakhsoliani@gmail.com |
| Kateryna Meidove | Kateryna.Meidova@gmail.com |
| AGNIESZKA KOZIEK | agnieszka.koziek@o2.pl |
| Sharif Alraghad | ALRAQAD@ZYIF.ORG |
| Margarita Fikari | mfikari@windowslive.com |
| | |
| | |

PROJECT DESCRIPTION:

NAME OF PROJECT: "To promote our healthy life style"

PREVENTION is the THERAPY:

- as a result we want:
- everybody should know which is the healthy way to eat, to live etc
 - which are the healthy ingredients in the foods?
 - which foods can be helped for our immune system.
 - to appreciate "Our health"
 - to increase the benefits of health care system.
 - Everybody should have knowledge about prevention.
 - to reduce the using of medicines, chemicals

PROJECT IDEA THEME: Education + unemployment

COUNTRIES INVOLVED: Azerbaijan, Jordan, Georgia, Kosovo, Poland, Turkey, Ukraine, UK.

PEOPLE SPECIFICALLY INVOLVED:

| NAME: | EMAIL: |
|-----------------|---------------------------|
| Mika Bunziak | nicklebunzyak@gmail.com |
| Cemrenur YAVUZ | cemrenyvz@gmail.com |
| Cağlar Gali | cağlar.gali34@gmail.com |
| Roufhan Habibov | habibov.roufhan@gmail.com |
| Merita Kagi | meritakagi@gmail.com |
| Sharif | ALRARDAD@gmail.com |
| Kuba | dzejcob@gmail.com |
| Makana | makunashulais@gmail.com |
| Aga | agnieszka.koziel@o2.pl |

PROJECT DESCRIPTION:

The project idea that we came up to is related with Education and unemployment. We decided to combine these two issues, cause they are quite related and education defines a lot at the work places. There are a lot of issues going on with delivery of proper education and finding a suitable work. Therefore the project (Training course) will emphasize of educational fields, unemployment rates and stereotypes in different countries. Through this project we want to emphasize on the importance of education and freedom of choice of practical experience appropriate internships and etc. We will be exploring how different countries deal with problems related to education and unemployment. How society influences on youth, how culture and traditions formulate the mindset of people. TC will be gonna last for 7 days. The applicant is gonna be UK, project will take place in Ukraine (still to be decided). April, 2017.

8 countries involved (still to be decided).

"Make it count!" TOT/TC

PROJECT IDEA THEME: Discrimination (Refugees rights and gender equality)

COUNTRIES INVOLVED: GE, UK, Jordan, Azerbaijan, Ukraine, Greece, Kosovo, Turkey

PEOPLE SPECIFICALLY INVOLVED: ~~MAKUNA SHULENDI~~

| NAME: | EMAIL: |
|---------------------|---------------------------|
| Makuna - Georgia | makuna.shulendi@gmail.com |
| Dina - Jordan | dina5586@hotmail.com |
| Nika - Ukraine | nickolebunzyak@gmail.com |
| Ali - Turkey | cagliarali34@gmail.com |
| Turana - Azerbaijan | turana_salmanova@mail.ru |
| | |
| | |
| | |

PROJECT DESCRIPTION:

- The aim of this project is to raise awareness regarding refugees rights and instill gender equality involving and empowering refugees to ^{have} active roles in social life, also to emphasize on women rights and the importance of gender equality, encouraging females on the importance of their education.
- Social media shall help in disseminating the required messages regarding this project via different channels. Videos ~~are~~ reflect the reality in somehow creating videos that show refugees daily lives, showing their stories/issues/wishes/expectations can surely help in making their image of their struggle clearer to the world; society would know more about refugees and it would reduce misunderstanding and lack of knowledge.
- The countries that are interested in this subject suffer from discrimination in a way or another, and by empowering youth workers by providing them with an TOT/TC would help them to have more abilities/capabilities to reflect this on youth and the society in general.