

# addition FROM ZERO TO HERO

Editors exprecions about the past 6 days



## **Dóra:**

„The motivation speech was really good. I normally feel motivated, but nowadays I find it difficult. So this motivation speech came at the right time. I liked how they summed it all up and made it seemed so easy. Rewarding your self when you achive your gold is a good way of making sure you take time to treat your self.

It was also interesting to see, that a student can be motivated and demotivated by the same things.

Making a short film was quite a good activity. The acting was interesting because it showed how every person sees the same things from a different angle. This helps people to be more open minded and more tolerant.

The culture night were nice. Finding out about other countries customs and their food. By knowing more you appreciate and understand them more.”

## **Irina:**

„How to motivate my self : know your study time, take breaks by being active, make so called adult points, get rid of your distractions, reward yourself for a job well done – be your own boss, but be your own friend.

Meeting everyone here was great. The ones i got the chance to know better, taught me that less than 7 days are needed to leave a life long impact on a person, and the best way to

make that is by making them laugh all day. I learnt to never be complacent about the current steps, never agree and follow the status quo.

I believe that each meeting occurs at the pricest moment for which it was meant. Usually, when it will have the greatest impact on our lives.

Thank you for everything ☺ „

**Antonio:**

„To work in a team and pass the rope was hard. I thought we wouldn't be able to do it, because we are all different size and shape because the rope was so high, some were afraid of hights.

I liked the privacy information, because I wasn't aware that you can loose your private information if you don't protect it.

But if I had to choose one activity which made me learn more, I would choose the disability person. This activity was very usefull for me. When you go abroad and you don't speak their language so well you will fell that you have a disability, you don't have access to the information in this language but if you have motivation to do it you can do it. You will find lot of people in your way which will help you to get information. To sum up motivation is the main thing that you have to get because motivation is the way to get the information.”

**Kristiyan:**

**„The passion of good motivation.**

During this week I learned what is the true meaning of motivation and self motivation. It's the strive of your innerself to be successful. To be good at something. To feel happy.

The things we care the most, they stimulate us. Sometimes at a cost. But it doesn't matter.

The point is self satisfaction.

You should not give up. It's hard I know. Obstacles are ment to be like this. But you get closer and closer. The passion its everywhere. Its the final master piece of getting to selfperfection. The passion.. the real passion... It starts taking over you. Your mind. You can't control it. And don't even try. Let it take you, to the abyss of infinity. Then you will know what is the true meaning of motivation... Then, slowly it will consume you...”





**Need information about joining a library, signing up for benefits, renewing your driving licence or going sightseeing?**

The place is filled with tourist information bureaus that can provide you with the info of the latest musical, theatrical shows, tours for sightseeing, private and public museums. The job centers can give you the needed information for applying but first you need to book an appointment.

We advise you to go search the place online before you leave. This is the fastest and easiest way to get the job done.

**Information @  
your disposal**

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